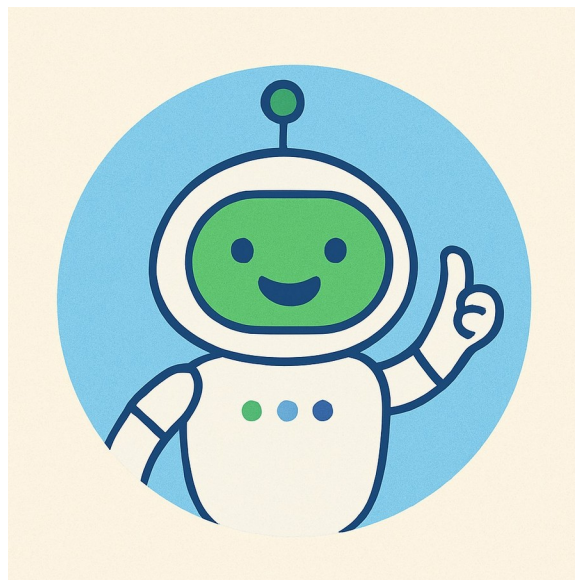


FREE PRINTABLE

Cyber Superpower Activity Pack



The companion to
A Fun Internet Safety Guide for Kids and Parents

Mobolarinwa Balogun

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Welcome, Cyber Explorer!

Hi there! It's me, **Byte**, your Cyber Buddy! This pack has every quiz sheet, drawing page, poster, and puzzle from the book, ready to print, color, and fill in. Print as many copies as you like, for brothers, sisters, friends, or your whole class!



How to Use This Pack

Each page tells you which chapter it goes with. Do the activity after you read that chapter, then color in a star on your **Cyber Badge Tracker**. Collect all nine badges, and you'll earn your **Cyber Superpower Certificate** at the end of this pack!

Inside you'll find a badge tracker, quiz sheets, drawing pages, posters, the Family Tech Agreement, puzzles with answers, and your very own certificate.



For Grown-Ups

These pages work best as conversation starters. Sit with your child while they fill them in, and ask, "What would you do if...?" There are no wrong answers on the drawing pages. If you're a teacher, you're welcome to print this pack for your classroom.

My Cyber Badge Tracker

Name: _____ Date: _____

Every time you finish a chapter, color in its star and write the date. Collect all nine to become a **Cyber Superhero!**

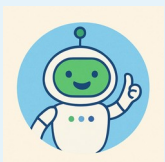
Level	Badge	Chapter	☆ Color me!	Date earned
1	Cyber Explorer	Welcome to the Digital Playground	☆	
2	Danger Detector	Danger Signs: What Is a Compromise?	☆	
3	Phish Spotter	Beware of Online Traps	☆	
4	Malware Buster	Internet Evilware	☆	
5	Identity Defender	Protecting YOU	☆	
6	Gatekeeper	Lock the Gates	☆	
7	Kindness Champion	Be Kind, Be Strong	☆	
8	Social Media Navigator	Safe Social Media Adventures	☆	
9	Cyber Superhero	Future-Proof Yourself	☆	

Spot the Fake! (Chapter 3)

Name: _____ Date: _____

Read each message. Put a check in the **Real** or **Fake** box. Then write one clue that helped you decide.

Message	Real	Fake	My clue
"Hi! It's Uncle Peter. I lost my phone. Send me your mom's bank code."	☐	☐	
"You won a brand-new phone! Click here now: www.freeprize-now.com "	☐	☐	
"Don't forget soccer practice today at 5 PM. See you there! Coach Mia"	☐	☐	
"Your bank account is locked! Verify here: bank-support-verification.site "	☐	☐	
"Reminder: your library books are due tomorrow."	☐	☐	
"I'm the same age as you. Let's talk on a different app where your parents can't see."	☐	☐	



Byte's Three S's

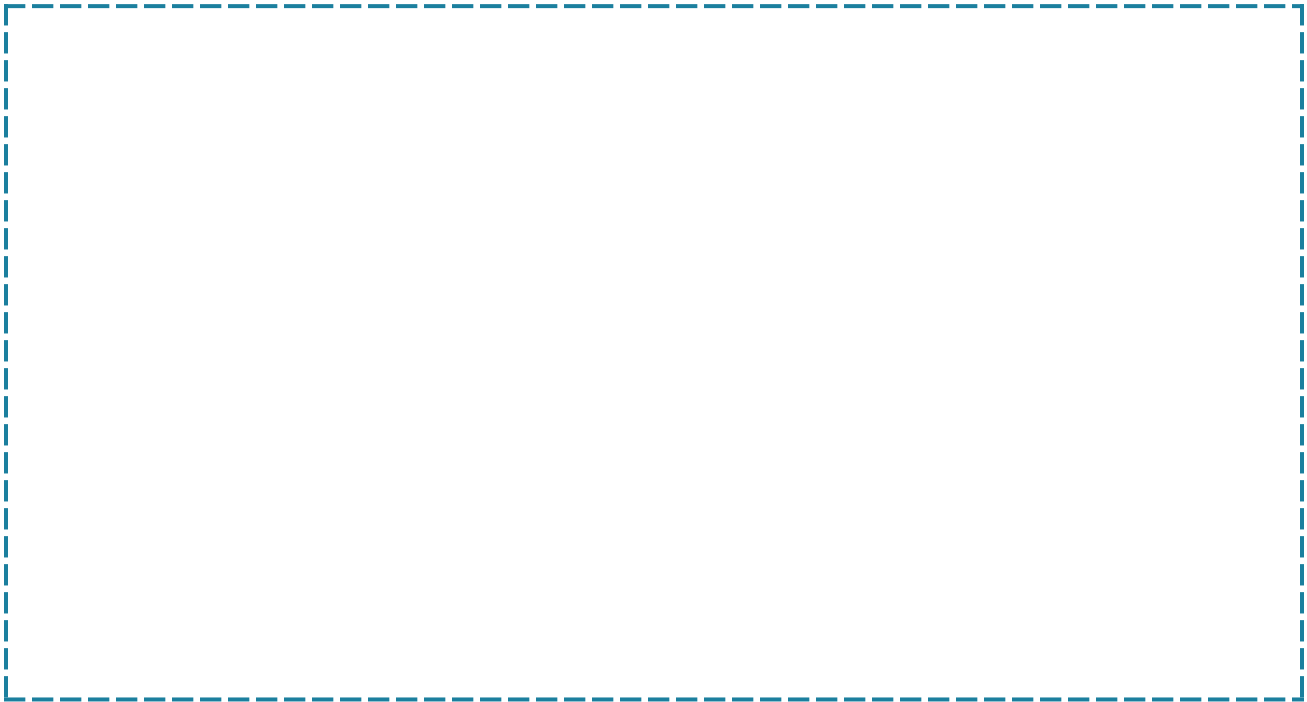
Is it **S**trange? Is it **S**peedy (rushing you)? Is it asking for **S**ecrets? If the answer to any of them is yes, stop and ask a grown-up!

Draw Your Antivirus Superhero!

(Chapter 4)

Name: _____ Date: _____

What would your antivirus superhero look like? Lasers? A cape? A robot dog sidekick?
Draw it below!



My Antivirus Superhero's name is: _____

Its superpowers are:

My Digital Footprint (Chapter 5)

Name: _____ Date: _____

Draw a big footprint in the box. Inside it, write or draw the kind of mark you want to leave online: kind words, cool art, helpful tips!



My digital footprint will be full of: _____

My Safety Pledge (Chapter 5)

Read it out loud, color it in, and sign it!

Internet Safety Pledge



I promise to protect my identity.
I will think before I post.
I will not share private details
with strangers.
I will ask for help if I'm ever unsure.
I am smart, strong, and cyber-safe!



Name: _____
Date: _____

Password Recipe Lab (Chapter 6)

Name: _____ Date: _____

★ **Practice only!** This is a pretend password. **Never** write your real passwords on paper or share them, not even with friends.

Step 1: Pick three random words

Choose three words that have nothing to do with each other (not your name or your pet's name!).

Step 2: Mix it all together!

Add a number (like 27) and a symbol (like ! or \$), then write your practice passphrase. Is it 12 characters or longer? Count them!

Ingredient	Did I use it?
12 or more characters	☐
Uppercase AND lowercase letters (A, b, C)	☐
Numbers AND symbols (7, !, \$)	☐
Not my name, birthday, or pet's name	☐

Stop, Save, Block, Tell (Chapter 7)

Cut out this poster and hang it near your computer or tablet!

1

STOP

Don't reply, especially when you're upset. Take a deep breath and step away from the screen.

2

SAVE

Take screenshots of the mean messages, including names and dates. This is your evidence.

3

BLOCK

Use the Block button so the person can't contact you anymore, and use the Report button.

4

TELL

Tell a trusted adult. You don't have to handle it alone!



Byte Says:

Telling is not tattling. **Tattling** is trying to get someone in trouble.

Telling is trying to get someone *out* of trouble!

My Trusted Team (Chapter 7)

Name: _____ Date: _____

Write down the grown-ups you can go to if anything online makes you feel scared, confused, or upset.

Name	How they're special to me	How to reach them

The Kindness Challenge

Can you complete all five kindness missions this week? Check each box when you finish!

- ☐ Send a kind message to a friend or family member
- ☐ Leave a nice comment on someone's drawing, video, or post
- ☐ Invite someone new to play a game with you
- ☐ Say "thank you" to someone who helped you online or offline
- ☐ Stand up for someone, or tell a grown-up if you see meanness

Do and Don't Poster (Chapter 8)

Name: _____ Date: _____

Fill in the poster with your own social media rules. We started it for you!

 DO	 DON'T
Use private accounts	Don't post your location
Be kind in comments	Don't chat with strangers
Report bad behavior	Don't share personal information

Decorate your poster with emojis, speech bubbles, and a picture of Byte giving a thumbs-up!

Byte's New App Checklist

(Chapter 9)

Before you download a new app or game, check every box with a grown-up!

- ☐ Did I ask a grown-up first?
- ☐ Is it from an official app store?
- ☐ Am I old enough for it? (Check the age rating!)
- ☐ Does it ask for personal information or weird permissions?
- ☐ Can I make my account private?
- ☐ Can I block and report people?
- ☐ Does it try to get me to spend money?

✨ THE GOLDEN RULE ✨

ASK BEFORE YOU CLICK

App name: _____ Grown-up says: ☐ Yes ☐ Not yet

Family Tech Agreement

As a Cyber Kid, I promise to:

- ☐ Ask before I download, buy, or sign up for anything
- ☐ Keep my passwords and personal information private
- ☐ Tell a grown-up if anything online makes me feel uncomfortable
- ☐ Be kind online, and be an Upstander
- ☐ Follow our family's screen-time rules
- ☐ Ask before I click!

As a Grown-Up, I promise to:

- ☐ Listen without getting angry when you tell me something
- ☐ Never punish you for asking for help
- ☐ Learn about the apps and games you love
- ☐ Ask before I post photos of you
- ☐ Put my own phone away at family time
- ☐ Keep learning about online safety with you

Our screen-time rules:

Places where devices stay out (like bedrooms at night or the dinner table):

- ☐ **We have chosen a family code word!** (Don't write it here. Keep it in your heads!)

Cyber Kid signature

Grown-Up signature

Date

Cyber Word Search

Find these 15 cyber words hidden in the grid! Words go across (left to right), down (top to bottom), or diagonally (downward to the right).

B	L	O	C	K	C	R	S	B	C	H	F	F	O	M
K	S	U	M	U	F	I	R	E	W	A	L	L	L	R
D	I	P	O	L	M	S	Y	P	U	O	P	V	H	E
P	W	N	Y	L	V	Y	W	H	P	U	M	A	R	P
B	A	N	D	W	A	W	A	I	D	U	U	B	K	O
C	L	S	M	N	A	B	H	S	A	P	E	J	T	R
S	W	I	S	A	E	R	T	H	T	R	M	L	C	T
P	N	M	C	K	L	S	E	I	E	I	G	A	D	H
H	A	M	Y	M	E	W	S	N	N	V	V	W	W	M
S	H	S	C	D	S	Y	A	G	K	A	V	W	B	O
A	A	E	S	S	T	C	R	R	T	C	I	J	A	A
F	C	P	P	W	K	O	A	F	E	Y	R	G	C	A
V	K	W	C	J	O	H	S	M	V	C	U	E	K	C
P	E	H	L	Y	F	R	P	Y	Y	O	S	P	U	N
U	R	O	M	T	L	C	D	G	Y	U	Y	P	P	D

- ☐ PHISHING
- ☐ PASSWORD
- ☐ MALWARE
- ☐ VIRUS
- ☐ SPYWARE

- ☐ FIREWALL
- ☐ PRIVACY
- ☐ BLOCK
- ☐ REPORT
- ☐ BACKUP

- ☐ UPDATE
- ☐ SCAM
- ☐ HACKER
- ☐ KINDNESS
- ☐ PASSKEY

Secret Code and Word Scramble

Each number stands for a letter: A = 1, B = 2, C = 3, and so on, all the way to Z = 26.
Can you crack Byte's secret message?

11911

25615185

251521

3129311

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

Word Scramble

Unscramble these cyber words!

1. SWOPADRS
2. UKCBPA
3. TDAEPU
4. YRVIACP
5. TASNPRUED
6. YASSKEP

Puzzle Answers

Byte's Secret Code: ASK BEFORE YOU CLICK (the Golden Rule!)

Word Scramble: 1. PASSWORD 2. BACKUP 3. UPDATE 4. PRIVACY 5. UPSTANDER 6. PASSKEY

Cyber Word Search:

B	L	O	C	K	C	R	S	B	C	H	F	F	O	M
K	S	U	M	U	F	I	R	E	W	A	L	L	L	R
D	I	P	O	L	M	S	Y	P	U	O	P	V	H	E
P	W	N	Y	L	V	Y	W	H	P	U	M	A	R	P
B	A	N	D	W	A	W	A	I	D	U	U	B	K	O
C	L	S	M	N	A	B	H	S	A	P	E	J	T	R
S	W	I	S	A	E	R	T	H	T	R	M	L	C	T
P	N	M	C	K	L	S	E	I	E	I	G	A	D	H
H	A	M	Y	M	E	W	S	N	N	V	V	W	W	M
S	H	S	C	D	S	Y	A	G	K	A	V	W	B	O
A	A	E	S	S	T	C	R	R	T	C	I	J	A	A
F	C	P	P	W	K	O	A	F	E	Y	R	G	C	A
V	K	W	C	J	O	H	S	M	V	C	U	E	K	C
P	E	H	L	Y	F	R	P	Y	Y	O	S	P	U	N
U	R	O	M	T	L	C	D	G	Y	U	Y	P	P	D



CYBER SUPERPOWER CERTIFICATE



This certificate proudly declares that

has completed all nine levels and is now officially a

CYBER SUPERHERO!

☆ **Level 1**

Cyber Explorer

☆ **Level 4**

Malware Buster

☆ **Level 7**

Kindness Champion

☆ **Level 2**

Danger Detector

☆ **Level 5**

Identity Defender

☆ **Level 8**

Social Media Navigator

☆ **Level 3**

Phish Spotter

☆ **Level 6**

Gatekeeper

☆ **Level 9**

Cyber Superhero

Date

Signed by my grown-up